

# Gurudev's Birthday Seminar

Kriya Yoga Institute, Homestead, FL

Wednesday, May 24 – Monday, May 29, 2017



with

Swami Atmavidyananda, Yogacharya Suresh Kodolikor,  
Yogacharya John Thomas Lopategui, Yogacharya Durga Chunduri,  
Yogashree N.V. Raghuram, and Roy Eugene Davis



We invite you to join us in a beautiful celebration of Baba Hariharanandaji's birthday at the ashram that he lovingly created for his devotees in Homestead, Florida. This seminar will feature:

- a two-day workshop on Raja Yoga and Health, to be given by *Sri N.V. Raghuram* on May 24<sup>th</sup> and 25<sup>th</sup>. Yogashree N.V. Raghuram is the Chairman and Spiritual Founder of Yoga Bharati and Professor of Yoga Philosophy in Swami Vivekananda Yoga Research Foundation (SVYASA), in Bangalore India.
- *Roy Eugene Davis* – founder and director of Center For Spiritual Awareness, and who was ordained by Paramahansa Yogananda in 1951, will be visiting the Mother Center and giving a talk.
- On Wednesday evening, of the 24<sup>th</sup>, a public talk will be held at FIU's Graham Center. The theme of the night will be Yoga Health and Well-Being – Celebrating the 125<sup>th</sup> Birthday of Paramahansa Yogananda. This event will feature several speakers, including Sri N.V. Raghuram, Roy Eugene Davis, and Dr. Akhilesh Sharma, who is one of the nation's foremost Ayurvedic doctors. In addition, there will also be a performance by Marisa Ma, the gifted-singer from Germany who recorded an album of songs by Yoganandaji to help raise money for Balashram; the name of the album is *O Life is Sweet*.

Come fill your heart with Gurudev's divine love at this seminar that will include a special puja, meditations, classes, and a public event at FIU's Graham Center. Deepen your practice and your love for God and Gurudev.

## Wednesday, May 24

|          |   |
|----------|---|
| 05:30 am | Yoga Asanas   |
| 06:00 am | Meditation  |
| 07:30 am | Breakfast & Clean-up Seva                                     |
| 09:30 am | Class – Sri N.V. Raghuram<br><i>Philosophy of Yoga</i>        |
| 10:45 am | Meditation  |
| 12:15 pm | Lunch & Cleanup Seva  |
| 01:00 pm | Rest, Self-Study, Seva  |
| 03:00 pm | Class – Sri N.V. Raghuram<br><i>Introduction to Raja Yoga</i> |
| 04:30 pm | Leave for Public Talk at FIU                                  |
| 06:00 pm | FIU – Public Talk<br><i>Yoga, Health &amp; Well-Being</i>     |
| 09:00 pm | Return to Mother Center                                       |
| 10:00 pm | Chants & Prayers  |

## Thursday May 25

|          |  |
|----------|--|
| 05:30 am | Yoga Asanas  |
| 06:00 am | Meditation   |
| 07:30 am | Breakfast & Clean-up Seva                                    |
| 09:00 am | Class – Sri N.V. Raghuram<br><i>Asanas and Pranayama</i>     |
| 10:30 am | Class – Roy Eugene Davis                                     |
| 12:15 pm | Lunch & Cleanup Seva   |
| 01:00 pm | Rest, Self-Study, Seva                                       |
| 04:00 pm | Class – Sri N.V. Raghuram<br><i>Meditation and Happiness</i> |
| 05:30 pm | Class – Sri N.V. Raghuram<br>Indian Culture & Spirituality   |
| 07:00 pm | Meditation   |
| 08:15 pm | Dinner & Clean-up Seva                                       |
| 09:00 pm | Chants & Prayers   |

## Normal Daily Schedule May 26, 28, 29

|          |                           |
|----------|---------------------------|
| 05:30 am | Yoga Asanas               |
| 06:00 am | Meditation                |
| 07:30 am | Breakfast & Clean-up Seva |
| 09:30 am | Class                     |
| 10:45 am | Meditation                |
| 12:15 pm | Lunch & Cleanup Seva      |
| 01:00 pm | Rest, Self-Study, Seva    |
| 04:00 pm | Q & A / Special Program   |
| 05:30 pm | Class                     |
| 07:00 pm | Meditation                |
| 08:15 pm | Dinner & Clean-up Seva    |
| 09:00 pm | Chants & Prayers          |

## Gurudev's Birthday Saturday, May 27

|          |                           |
|----------|---------------------------|
| 05:30 am | Yoga Asanas               |
| 06:00 am | Meditation                |
| 07:30 am | Breakfast & Clean-up Seva |
| 08:30 am | Birthday Puja Ceremony    |
| 11:00 am | Meditation                |
| 12:15 pm | Lunch & Cleanup Seva      |
| 01:00 pm | Rest, Self-Study, Seva    |
| 04:00 pm | Garden Tour               |
| 04:30 pm | Birthday Celebration      |
| 07:00 pm | Special Meditation        |
| 08:15 pm | Dinner & Clean-up Seva    |
| 09:00 pm | Chants & Prayers          |

This seminar program is not open to the public. Participants must already be initiated into Kriya Yoga in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda.

Kriya Yoga Institute, P.O. Box 924615, Homestead, FL 33092-46150  
Phone: +1 305-247-1960, email: [institute@kriya.org](mailto:institute@kriya.org) Website: [www.kriya.org](http://www.kriya.org)